

# ALLERGEN & DIETARY CHART

		GLUTEN	SOY PROTEIN	DAIRY	EGGS	NUTS	SESAME	CORIANDER/ CILANTRO	GARLIC	SOY BEAN OIL	VEGAN	VEGETARIAN
BREADS	Pita	Diagonal									Diagonal	Diagonal
	Laffa	Diagonal	Diagonal				Diagonal			Diagonal	Diagonal	Diagonal
	Gluten-Free Pita				Diagonal							Diagonal
PROTEINS	Chicken Roti							Diagonal	Diagonal			
	Chicken Kabob							Diagonal	Diagonal			
	Steak Roti						Diagonal	Diagonal	Diagonal			
	Falafel							Diagonal	Diagonal		Diagonal	Diagonal
	Salmon											
	Lamb Meatballs			Diagonal	Diagonal				Diagonal			
SIDES/TOPPINGS	Roti Rice							Diagonal	Diagonal		Diagonal	Diagonal
	Hummus						Diagonal		Diagonal		Diagonal	Diagonal
	Tomato & Cucumber								Diagonal		Diagonal	Diagonal
	Red Cabbage Slaw								Diagonal		Diagonal	Diagonal
	Couscous	Diagonal						Diagonal	Diagonal		Diagonal	Diagonal
	Fresh Vegetables								Diagonal		Diagonal	Diagonal
	Mixed Greens										Diagonal	Diagonal
	Kale Sweet Potato Salad						Diagonal				Diagonal	Diagonal
	Olives										Diagonal	Diagonal
	Feta Cheese			Diagonal							Diagonal	Diagonal
	Lemon Oregano Pickles										Diagonal	Diagonal
	Pickled Onions										Diagonal	Diagonal
	Chopped Cilantro							Diagonal			Diagonal	Diagonal
	Dill, Yogurt & Cucumber			Diagonal					Diagonal		Diagonal	Diagonal
SAUCES/DRESSINGS	Garlic			Diagonal	Diagonal				Diagonal	Diagonal	Diagonal	Diagonal
	Green S'hug							Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Red S'hug							Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Roasted Red Pepper			Diagonal	Diagonal			Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Tahini						Diagonal		Diagonal		Diagonal	Diagonal
	Red Wine Vinaigrette*									Diagonal	Diagonal	Diagonal
											Diagonal	Diagonal
FLATBREADS	Cheese Flatbread	Diagonal		Diagonal					Diagonal		Diagonal	Diagonal
	Chicken Roti Flatbread	Diagonal		Diagonal				Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Lamb Meatball Flatbread	Diagonal		Diagonal	Diagonal				Diagonal		Diagonal	Diagonal
EXTRAS/DESSERTS	Hummus						Diagonal		Diagonal		Diagonal	Diagonal
	Spicy Feta Hummus			Diagonal			Diagonal	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Pita Chips	Diagonal						Diagonal	Diagonal		Diagonal	Diagonal
	Baklava*	Diagonal	Diagonal			Diagonal				Diagonal	Diagonal	Diagonal
	Chocolate Chip Cookie	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal					Diagonal	Diagonal
CATERING	Mediterranean Chopped Salad	Diagonal		Diagonal						Diagonal		Diagonal
	Pickled Onion & Kalamata Olive Hummus						Diagonal	Diagonal			Diagonal	Diagonal
	Stacy's Pita Chips	Diagonal									Diagonal	Diagonal
	White Chocolate Macadamia Nut Cookie	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal					Diagonal	Diagonal
	Sugar Cookie	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal					Diagonal	Diagonal
	Dessert Bars	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal					Diagonal	Diagonal

\*items contain honey

Individual foods may come into contact with one another during preparation, which is not reflected on this chart. Roti cannot guarantee the complete absence of allergens in its restaurants.