

# ALLERGEN & DIETARY CHART

		GLUTEN	SOY PROTEIN	DAIRY	EGGS	NUTS	SESAME	CORIANDER/ CILANTRO	GARLIC	SOY BEAN OIL	VEGAN	VEGETARIAN
BREADS	Pita	Diagonal									Diagonal	Diagonal
	Laffa	Diagonal	Diagonal				Diagonal			Diagonal	Diagonal	Diagonal
	Gluten-Free Pita				Diagonal							Diagonal
PROTEINS	Chicken Roti							Diagonal	Diagonal			
	Chicken Kabob							Diagonal	Diagonal			
	Steak Roti						Diagonal					
	Falafel							Diagonal	Diagonal		Diagonal	Diagonal
	Salmon											
	Lamb Meatballs			Diagonal	Diagonal				Diagonal			
SIDES/TOPPINGS	Roti Rice							Diagonal	Diagonal		Diagonal	Diagonal
	Hummus						Diagonal		Diagonal		Diagonal	Diagonal
	Tomato & Cucumber							Diagonal	Diagonal		Diagonal	Diagonal
	Red Cabbage Slaw							Diagonal	Diagonal		Diagonal	Diagonal
	Couscous	Diagonal						Diagonal			Diagonal	Diagonal
	Fresh Vegetables								Diagonal		Diagonal	Diagonal
	Mixed Greens								Diagonal		Diagonal	Diagonal
	Za'atar Kale Salad						Diagonal				Diagonal	Diagonal
	Roasted Eggplant Salad							Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Olives										Diagonal	Diagonal
	Feta Cheese			Diagonal								Diagonal
	Lemon Oregano Pickles										Diagonal	Diagonal
	Pickled Onions										Diagonal	Diagonal
	Chopped Cilantro							Diagonal			Diagonal	Diagonal
	SAUCES/DRESSINGS	Dill, Yogurt & Cucumber			Diagonal					Diagonal		
Garlic				Diagonal	Diagonal				Diagonal	Diagonal	Diagonal	Diagonal
Green S'hug								Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
Red S'hug								Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
Roasted Red Pepper				Diagonal	Diagonal				Diagonal	Diagonal	Diagonal	Diagonal
Tahini							Diagonal		Diagonal		Diagonal	Diagonal
Red Wine Vinaigrette*										Diagonal	Diagonal	Diagonal
FLATBREADS	Cheese Flatbread	Diagonal		Diagonal					Diagonal			Diagonal
	Chicken Roti Flatbread	Diagonal		Diagonal				Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Vegetarian Flatbread	Diagonal		Diagonal			Diagonal		Diagonal	Diagonal	Diagonal	Diagonal
	Lamb Meatball Flatbread	Diagonal		Diagonal	Diagonal				Diagonal			Diagonal
EXTRAS/DESSERTS	Red Lentil Soup							Diagonal	Diagonal		Diagonal	Diagonal
	Hummus						Diagonal		Diagonal		Diagonal	Diagonal
	Spicy Feta Hummus			Diagonal			Diagonal		Diagonal	Diagonal	Diagonal	Diagonal
	Pita Chips	Diagonal						Diagonal	Diagonal		Diagonal	Diagonal
	Baklava*	Diagonal	Diagonal			Diagonal				Diagonal	Diagonal	Diagonal
	Chocolate Chip Cookie	Diagonal			Diagonal	Diagonal						Diagonal
CATERING	Mediterranean Chopped Salad	Diagonal		Diagonal						Diagonal		Diagonal
	Pickled Onion & Kalamata Olive Hummus						Diagonal	Diagonal			Diagonal	Diagonal
	Stacy's Pita Chips	Diagonal										Diagonal
	White Chocolate Macadamia Nut Cookie	Diagonal	Diagonal	Diagonal	Diagonal							Diagonal
	Sugar Cookie	Diagonal			Diagonal							Diagonal
	Dessert Bars	Diagonal		Diagonal	Diagonal							Diagonal

\*Items contain honey