

ALLERGEN & DIETARY CHART

		GLUTEN	SOY PROTEIN	DAIRY	EGGS	NUTS	SESAME	CORIANDER /CILANTRO	GARLIC	SOY BEAN OIL	VEGAN	VEGETARIAN
BREADS	Pita*	Diagonal								Diagonal	Diagonal	Diagonal
	Laffa	Diagonal	Diagonal				Diagonal			Diagonal	Diagonal	Diagonal
	Gluten-Free Pita				Diagonal							Diagonal
PROTEINS	Chicken Roti						Diagonal	Diagonal	Diagonal			
	Chicken Kabob						Diagonal	Diagonal	Diagonal			
	Steak Roti						Diagonal	Diagonal	Diagonal			
	Falafel						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Salmon											
	Lamb Meatballs			Diagonal	Diagonal				Diagonal			
SIDES/TOPPINGS	Roti Rice						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Hummus						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Tomato & Cucumber							Diagonal	Diagonal		Diagonal	Diagonal
	Red Cabbage Slaw							Diagonal	Diagonal		Diagonal	Diagonal
	Couscous	Diagonal					Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Fresh Vegetables							Diagonal	Diagonal		Diagonal	Diagonal
	Mixed Greens							Diagonal	Diagonal		Diagonal	Diagonal
	Grilled Eggplant						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Olives										Diagonal	Diagonal
	Feta Cheese			Diagonal								Diagonal
	Lemon Oregano Pickles										Diagonal	Diagonal
	Pickled Onions										Diagonal	Diagonal
	Chopped Cilantro							Diagonal	Diagonal		Diagonal	Diagonal
SAUCES/DRESSINGS	Dill, Yogurt & Cucumber			Diagonal				Diagonal	Diagonal		Diagonal	Diagonal
	Garlic			Diagonal	Diagonal			Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Green S'hug							Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Red S'hug							Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Roasted Red Pepper			Diagonal	Diagonal			Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Tahini						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
FLATBREADS	Red Wine Vinaigrette*							Diagonal	Diagonal		Diagonal	Diagonal
	Cheese Flatbread	Diagonal		Diagonal				Diagonal	Diagonal		Diagonal	Diagonal
	Chicken Roti Flatbread	Diagonal		Diagonal			Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Vegetarian Flatbread	Diagonal		Diagonal			Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
EXTRAS/DESSERTS	Lamb Meatball Flatbread	Diagonal		Diagonal	Diagonal			Diagonal	Diagonal		Diagonal	Diagonal
	Red Lentil Soup						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Hummus						Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
	Spicy Feta Hummus			Diagonal			Diagonal	Diagonal	Diagonal	Diagonal	Diagonal	Diagonal
	Pita Chips	Diagonal					Diagonal	Diagonal	Diagonal		Diagonal	Diagonal
CATERING	Baklava*	Diagonal	Diagonal			Diagonal				Diagonal	Diagonal	Diagonal
	Chocolate Chip Cookie	Diagonal	Diagonal		Diagonal	Diagonal				Diagonal	Diagonal	Diagonal
	Mediterranean Chopped Salad	Diagonal		Diagonal						Diagonal		Diagonal
	Sumac Onion & Kalamata Olive Hummus						Diagonal	Diagonal	Diagonal	Diagonal		Diagonal
	Stacy's Pita Chips	Diagonal										Diagonal
	White Chocolate Macadamia Nut Cookie	Diagonal	Diagonal	Diagonal	Diagonal							Diagonal
CATERING	Greek Yogurt & Cranberry Cookie	Diagonal	Diagonal	Diagonal	Diagonal							Diagonal
	Dessert Bars	Diagonal	Diagonal	Diagonal	Diagonal							Diagonal

*items contain honey